



Preventing bullying keeps kids safe, happy, & strong!

DID YOU KNOW...

Serious bullying impacts 1 out of 3 kids.

Teachers only catch 5% of bullying behavior.

Victims can experience depression, anxiety, physical ailments, lower academic achievement.

60% of kids who practiced bullying behavior were convicted of a felony before the age of 25.

160,000 kids miss school **everyday** just to avoid someone who is bullying them.

A majority of school shootings have been linked to excessive bullying.

More than half the time, bullying stops within 10 seconds of a bystander stepping in.

Promise:

I will not bully others.

I will try to help other kids who are being bullied.

I will try to include other kids who are being left out.

If I know another kid is being bullied, I will tell an adult.

Important:

Bullying is wrong. EVERYONE must realize this. Reporting bullying behavior is your responsibility - protecting yourself or others is always the right thing to do.

Confident appearance and behavior is key.

Be a protector, not a spectator. Help & support your friends.